



# STEPS TO ENROLL IN SNAP



\*SNAP is the Supplemental Nutrition Assistance Program formally known as Food Stamps.

## 1. OBTAIN AN APPLICATION

Call the SNAP Outreach Help Center 8 am to 4 pm at 501-569-4311 or send us an email at [snap@arkansasfoodbank.org](mailto:snap@arkansasfoodbank.org). **Attention: The DHS COVID-19 SNAP application, an electronic application, is being used during this international pandemic. Applications can be obtained at any DHS office or online at [access.arkansas.gov](https://access.arkansas.gov). However at this time, DHS ask that applications be obtained online if possible.**

## 2. FILL OUT AND SUBMIT THE APPLICATION

The SNAP Outreach Help Center can assist you in the completion and submission of your application. **Attention: We can assist you in completing your application by phone using the DHS COVID-19 SNAP application during this international pandemic. This application uses verbal consent from the applicant in place of a written signature. This means, a written signature is not required. Once your application is completed, it will be submitted to DHS.**

## 3. COMPLETE AN INTERVIEW

Once your application has been submitted, you will be mailed a letter with a date and time for your interview. The SNAP Outreach Help Center can help prepare you for the interview. **Attention: The DHS COVID-19 SNAP application waives the SNAP interview, during this international pandemic. This means, once your application is submitted, DHS begins processing your application. DHS will mail you a letter stating you are approved or denied for SNAP.**

## 4. ACTIVATE EBT CARD

You will receive an Electronic Benefit Transfer (EBT) card that works like a debit card linked to your SNAP account from which you will be able to access benefits. It can be used to purchase food items at grocery stores, Farmers Markets, and approved EBT retailers.

# EXISTING SNAP PARTICIPANTS

⇒ **SNAP Time Limits for Able-Bodied Adults Without Dependents (ABAWDs) are Temporarily Suspended during State of Emergency - As of April 1, 2020, the Families First Coronavirus Response Act (FFCRA) passed by the US Congress temporarily suspends work requirements for (ABAWDs) during this pandemic. ABAWDs are adults age 18 to 49 without children who are able to work. This means, SNAP work requirements for ABAWDs is suspended in EVERY STATE. No one will be required to work 20 hours a week (80 hours a month) in order to keep receiving SNAP.**

⇒ **SNAP Emergency Allotments - As of March 30, all SNAP households began receiving the maximum benefit amount for their household size.**

# HOW TO FIND A FOOD PANTRY NEAR YOU!



**Text:  
Findfood  
to  
(844) 381-FOOD  
(3663)  
to find a pantry  
near you!**

**Para Español  
Envíe Texto:  
Comida  
a  
(844) 381-FOOD  
(3663)  
para encontrar el  
banco de alimentos  
más cercano!**

ARKANSAS  
**FOOD BANK**

## Going to a food pantry for the first time?

Check out this guide to help you find food.

### What is the difference between a pantry and a food bank?



Arkansas Foodbank is a warehouse that acquires, stores and distributes over 29 million pounds of food each year across our 33 county service area. That food is then distributed to food pantries, schools, soup kitchens and other partner agencies, who then provide food directly to the client.

### What is a mobile distribution?



Arkansas Foodbank hosts mobile distributions throughout our service area when more food is needed. This is a direct to client distribution. During COVID-19 we are partnering with many churches and business to set up distribution sites in central and southern Arkansas. Check out [arkansasfoodbank.org](http://arkansasfoodbank.org) and click on the COVID response pop up to find a distribution near you.

### How do I get food?



You can get food from one of our local pantries or a mobile distribution. To find a pantry near you text "**findfood**" to **844-381-FOOD (3663)**. For those with school aged children check with your school district as many of them are partnering with the Foodbank to distribute emergency food boxes. Each district is determining how they are distributing the boxes.

### Do I have to have any paperwork to get food?



For most of our pantries you don't have to show income documentation. However if it is a USDA pantry the client must provide a photo ID. Client will also have to verbally state their monthly income and household size to receive the USDA products.

### Do I have to pay for food?



No. If you are visiting one of our pantries you will never have to pay for food. All our partners are required to offer their food services to you 100% free of charge.

### How often can I visit a pantry?



Each pantry determines how often they will allow a client to receive food, how often they are open and the hours of operation. USDA food is given out once a month per household.



### Do I have to go inside to receive food?

Due to COVID-19 most of our pantries have switched to drive thru or delivery options. You just have to drive up and a food box will be placed in your car.